

**Anita Polite-Wilson, Ph.D., CPC**  
**Coaching Testimonials from Emerging Leaders and Mid-Career Professionals**

<p>Focus: Breaking Mental Barriers  Client: Patrick, Age 25  Los Angeles, CA  Auditor, Manufacturing</p>	<p>“It is a privilege to be coached by Dr. Anita. She possesses the innate ability to unearth the self-confidence that exists within each of us. Not only does Anita have the knowledge of which questions to ask, but she has the experience to know when to ask them. Dr. Anita encourages introspection, and helps to unlock the barriers within our minds, holding us back from reaching our true potential.”</p>
<p>Focus: Employee vs. Entrepreneur  Client: Jerome, Age 26  Los Angeles, CA  Marketing Manager, Entertainment</p>	<p>“Dr. Polite-Wilson has an admirable knack for crafting questions and responses that caused me to reflect on my true motivators, without worry of giving an answer that would ‘sound good.’ Our sessions were initially focused on honing my executive skill set, but our conversations quickly unearthed that we should focus on aligning my passions with my profession. A million thank you—s.”</p>
<p>Focus: Leadership Development  Client: Rhett, Age 34  Chantilly, VA  Manager, Aerospace</p>	<p>“My company, like many technical companies, tends to emphasize technical expertise over people skills. Based on how she coached me, I learned a new approach with my team. Dr. Anita is a force multiplier. Her enthusiasm and passion are contagious and will spread quickly throughout any organization. She turns good managers into great people managers and, as a result, the entire organization benefits.”</p>
<p>Focus: Goal Setting  Client: Giana, Age 35  Los Angeles, CA  Program Manager, Dept. of Defense</p>	<p>“I’m so glad I started this journey. Working with Dr. Anita is truly a rich blessing in my life. I can count on her to ask those thought-provoking questions. Her personal coaching is guiding me to become all that I am meant to be, about living a life full of passion, purpose and impact. It has given me the ability to focus on something concrete and see it evolve by making practical, yet attainable goals.”</p>
<p>Focus: Work/life balance  Client: Bill, Age 36  San Francisco, CA  Principal, Coaching and Development</p>	<p>“Within a relatively short period of time as my coach, Dr. Anita has been instrumental in assisting me in meeting and exceeding my professional goals, including making significant progress in my PhD. Studies. She had the courage to ask the tough questions and refused to buy into my self-defeating excuses. With Anita’s support, I transitioned into a new career and completed my Ph.D. program within one year.”</p>
<p>Focus: Career Transition  Client: Pedro, Age 51  Chantilly, VA  Principle Engineer, Aerospace</p>	<p>“Dr. Anita became my professional coach when I was approximately a year into a new engineering position and I was struggling to identify with my team. Anita’s coaching instilled in me a new-found confidence to explore what I really wanted in the next phase of my career. Her questions encouraged me to find answers from within and I’ve successfully transitioned to a new company and my dream job.”</p>
<p>Focus: Career Transition  Client: Cynde, Age 56  Los Angeles, CA  Employee turned Entrepreneur</p>	<p>“After several years of unemployment due to an unexpected lay-off, I fell into a state of depression over the assumption that perhaps my age was a factor as to why employers were not responding. Dr. Anita ‘heard’ me and pulled out of me that which was needed to help me see ‘me’ and what I already possessed. It catapulted me into a new me in just one month!”</p>