

EXECUTIVE EQ TRAINING



Building Emotional Intelligence & Agility
Do you have what it takes to truly succeed at the highest levels?

**GAIN VALUABLE INSIGHTS AND PRACTICAL STRATEGIES
TO TAKE YOUR LEADERSHIP TO THE NEXT LEVEL.**

Emotional Intelligence is the missing link in executive education. Why do so many highly intelligent, highly motivated executives fail to lead successfully? Many are missing critical emotional intelligence skills and don't know it. Universities don't teach it and companies don't measure it, but EQ is what makes the difference in star performance. After nearly 25 years of development, EQ is ready for mainstream. We can measure it. We can teach it, and we can put it to use immediately. EQ will be the main differentiator in the decade ahead. Will you be ready? Expand your leadership and personal effectiveness with EQ.





*of Star Performance is
Attributed to EQ*

**Investing in individual
and organizational EQ will drive:**

- ✓ Higher Engagement
- ✓ Lower Turnover
- ✓ Better Organizational Results Overall
- ✓ Greater Job Satisfaction
- ✓ Improved Health and Wellness
- ✓ Got EQ? Get more!



IN ONLY ONE DAY YOU WILL LEARN:

- ✓ *What is Emotional Intelligence (EI) and Emotional Quotient (EQ)*
- ✓ *How Your Brain Processes Emotions*
- ✓ *How to Assess Baseline Emotional Quotient*
- ✓ *How to Increase Your Emotional Agility as a Leader*
- ✓ *Strategies for Managing Emotional Agility with Self*
- ✓ *Strategies for Managing Emotional Agility with Others*
- ✓ *And More*



TRAIN AND GAIN PRACTICAL SKILLS YOU CAN USE EVERYDAY!



**GET CLEAR ABOUT EQ AND GET
REAL ABOUT A BETTER YOU!**



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