



VIRTUAL EMOTIONAL INTELLIGENCE TRAINING

GAIN VALUABLE INSIGHTS AND PRACTICAL STRATEGIES TO TAKE YOUR LEADERSHIP TO THE NEXT LEVEL.

Emotional Intelligence (El or EQ) is the missing link in executive and emerging leader education. Why do so many highly intelligent, highly motivated executives fail to lead successfully? Many are missing critical emotional intelligence skills and don't know it. Universities don't teach it and companies don't measure it, but EQ is what makes the difference in star performance. After nearly 25 years of development, EQ is ready for mainstream. We can measure it. We can teach it, and we can put it to use immediately. EQ will be the main differentiator in the decade ahead. Will you be ready? Expand your leadership and personal effectiveness with EQ.





IN THIS COURSE, YOU WILL LEARN:

- ✓ What is Emotional Intelligence?
- Emotional Intelligence and Your Brain
- Assessing Your Emotional Quotient
- Increasing Emotional Agility as a Leader
- Strategies for Managing Emotional Agility with Self
- Strategies for Managing Emotional Agility with Others
- Creating An Action Plan

FORMAT

Virtual, Interactive Small Group

INSTRUCTORS

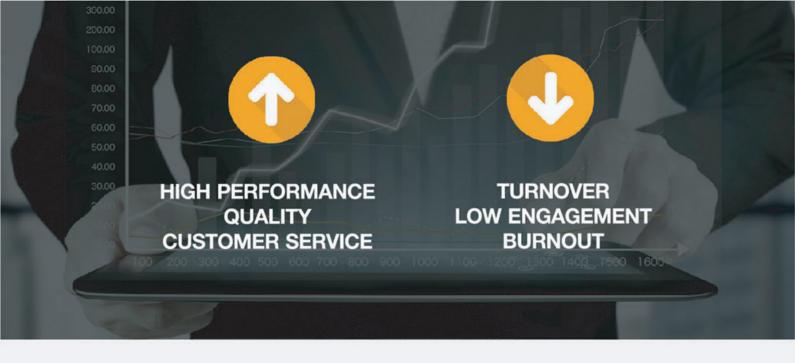
Sr. Instructors & Coaches Michele Parrish and Jeanette Winters

TIME COMMITMENT

2 Hours Every Other Week for 2 Months (four two-hour sessions for total of 8 hours)

MATERIALS

EQ Assessment Digital EQ Workbook



TRAIN AND GAIN PRACTICAL SKILLS YOU CAN USE EVERYDAY!



GET CLEAR ABOUT EQ AND GET REAL ABOUT A BETTER YOU!

